

Exhale Dance Youth Intensive

"Empower"

2023-2024 SEASON



2022-2023 Season EDYI Schedule

Monday	Wednesday	Friday
EDYI I/II: 4:00-6:00 (Union)	EDYI I/II: 4:00-6:00 (Union)	EDYI IV/V Modern- 4:00- 5:00
EDYI III: 4:00-6:00 (Holbrook)	EDYI III: 4:00-6:00 (Holbrook)	EDYI II-V: 5:00-6:30
EDYI IV/V: 6:00-9:00 (Holbrook)	EDYI IV/ V: 6:00-9:00 (Holbrook)	**EDYI I will only attend a few select Fridays before performances

EDYI Hip Hop Team: Thursdays 7:15-8:15 (Union St)

EDYI Pointe: Saturdays 12:00-1:00 (Holbrook St)

Solo/Small Group Run Throughs: Fridays 6:30-7:30

EDYI 1&2 3:45-5:45?

Expectations



Communication



Attendance and Practicing



Performances



Summer Dance



Ethics, sportsmanship



Dress Code



Fundraising



Costume Care

Communication

- Blog
- Email
 - EDYI: EDC@exhaledance.com
 - Any conflicts, absences, injuries
 - Billing and other inquiries: office@exhaledance.com
 - All clothing: apparel@exhaledance.com
 - Registration: registration@exhaledance.com



Blog

Where dancers grow

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"Empower"

What are we doing next?

Keep up-to-date with the Exhale Dance Company!

Read our latest blog!

- Weekly updates on <https://exhaledc.home.blog>
- Automatically sent to email
- Schedule changes, closings & all important information!
- Rehearsal videos

Attendance



- EDYI is a huge commitment - attendance is the most important part
- Communicate conflicts ASAP!
- Make up classes
- Friday Rehearsals
- Attendance after shows

Injury Policy

- Guidelines:
 - **Observation unless ill**
 - **Modifications made in class**
 - **More serious injuries will be dealt with on an individual basis.**
 - **Performances.**

Cell Phone Policy





Dress Code

- Leotard
- Tights
- Black Skirt/shorts
- Dance shoes
- Hair in a bun!
- EDC 4 & 5 black tights - modern

Costume Care



- All group costumes are rented by the EDYI
- Sent home the week before performance
- Please return them the way they were sent out!

Discovery Day/Walk For Connor

- Wednesday September 6th: Rehearsal at Holbrook St.
- 4:00-6:00-EDYI 2&3
- 5:00-7:00-EDYI 4&5
- Friday September 8th at Holbrook Street: Rehearsal for Discovery Day 5:00-6:30 full company rehearsal.
6:30-7:30 solos and small groups only.
- September 9th: Discovery Day performance on Town Hill arrive at 1:00 dressed and ready for solos!
- 1:30- Solo show
- 3:00- Walk for Connor
- 4:45-Group Show

Haunted Car Crawl!

- October 27th: Mandatory dress rehearsal for Haunted Car Crawl during regular class time (ALL EDYI)
- October 28th: Haunted Car Crawl between 5-9; exact show times will be announced in September

Holiday Show – Clara's Sleepover!



- Saturday December 9th at Medway High School!
- Friday November 3rd, 10th, 17th: Nutcracker Rehearsal 5:00-7:30
- Dress rehearsal: Thursday 12/7 & Friday 12/8

Extravaganza!

- February 9th: Master classes with Christina Belinsky!
- February 10th: Performance!
- Showcase: Dress rehearsal 4:30-6:30pm stage blocking at The Orpheum Theatre.. Please plan to arrive at 6:30 to watch the show 😊.

Other Previous Additional Opportunities!

-Walk for Megan



-Santa Parade



- Polar Plunge





Other Important Dates!

- **September 11th:** Our regular season begins (EDYI starts earlier!)
- **Santa Parade:** Usually first Sunday in December
- **Spring Show:** **Tentative two shows on May 18th and 19th at KP High School. With a tech rehearsal on the 15th. Company picture day will be held on **May 3rd** at our Holbrook Street location.
- **Community Day:** Usually first or second Saturday in June.
- **Meetings/Apparel Fittings:** June 10th, 11th and 12th after school

Audition

- **Wednesday after recital:**
Company auditions.
- This audition is
MANDATORY!
- **Wear regular dress code**
- **Give dancers audition
experience**



SUMMER DANCE 2024

- Summer Camp:

- August 12th-August 16th :
9:00am-3:00pm

- Mandatory for Car Crawl & Clara's Sleepover

- Summer Evening Series:

- 5 weeks of evening classes (July 9th, 16th, 23rd & 30th; August 6th)

- 4:00-6:00: EDYI levels 1-3

- 6:00-8:15: EDYI levels 4-6

- Mandatory for Nutcracker Lead



Competition Opportunities!

- ❖ Competitions are optional but they are a great experience!
- ❖ Students can choose to bring their solos and small groups. We also like to bring a few group dances as well!

**March 8th-10th: Dance Ovations
Fitchburg, MA!**

**May 3rd-5th: Dance Ovations
Somerset, MA! ; (May 10th-12th -
Hingham)**

Fundraising – EPA

- Exhale Parent Association – We need help from YOU to fundraise for our kids!
- Each parent should volunteer at least one hour at each show or event!
 - Concession/flower sales at recital
 - Volunteer at fundraising events
 - Helping plan events
 - Attend meetings
 - We are always looking for new creative ways to fundraise!



Fun Pasta!

- **Fun Pasta** to raise money to help pay for competition fees!
- Pamphlets or online (link will be on blog)
- The more you sell, the more money you will raise!
- Due First day back after Winter Break
- Checks made payable to **Exhale Dance Youth Intensive!**



We have a HUGE
announcement!



WE'RE GOING TO NATIONALS!!!

- Dance Ovations National Championship: June 26th-30th in Hyannis MA!
- All routines competing must participate in regionals!



QUESTIONS?

We will take this time to answer questions 😊

